Spiritual Roots to Disease
Some key verses
Bitterness Tree, Appendix

1. **Sin brings a curse:**

Deut 11:26-28
See, I am setting before you today a blessing and a curse— the blessing if you obey the commands of the LORD your God that I am giving you today; the curse if you disobey the commands of the LORD your God and turn from the way that I command you today by following other gods, which you have not known. NIV

Lev 26:14-16
"But if you will not listen to me and carry out all these commands, and if you reject my decrees and abhor my laws and fail to carry out all my commands and so violate my covenant, then I will do this to you: I will bring upon you sudden terror, wasting diseases and fever that will destroy your sight and drain away your life. NIV

Prov. 3:33
The LORD's curse is on the house of the wicked, but he blesses the home of the righteous. NIV

2. **Disease is a curse:**

Lev. 26:14-16
"But if you will not listen to me and carry out all these commands, and if you reject my decrees and abhor my laws and fail to carry out all my commands and so violate my covenant, then I will do this to you: I will bring upon you sudden terror, wasting diseases and fever that will destroy your sight and drain away your life. NIV

Deut. 28:20-21
The LORD will send on you curses, confusion and rebuke in everything you put your hand to, until you are destroyed and come to sudden ruin because of the evil you have done in forsaking him. The LORD will plague you with diseases until he has destroyed you from the land you are entering to possess. NIV

3. **Health is a blessing:**

3 John 2
Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well. NIV

Deut. 7:13-16
You will be blessed more than any other people; none of your men or women will be childless, nor any of your livestock without young. The LORD will keep you free from every disease. He will not inflict on you the horrible diseases you knew in Egypt, but he will inflict them on all who hate you. NIV

**Blessing brings health**

Prov. 15:30
A cheerful look brings joy to the heart, and good news gives health to the bones. NIV
Prov. 16:24
Pleasant words are a honeycomb,
sweet to the soul and healing to the bones. NIV

Isa 66:13-14
As one whom his mother comforteth, so will I comfort you; and ye shall be comforted in Jerusalem. And when ye see this, your heart shall rejoice, and your bones shall flourish like an herb: and the hand of the LORD shall be known toward his servants, and his indignation toward his enemies. KJV

4. Sin brings Disease:

Sin in general

Ps 38:3
Because of your wrath there is no health in my body;
my bones have no soundness because of my sin. NIV

Prov. 3:7-8
Do not be wise in your own eyes; fear the LORD and shun evil.
This will bring health to your body and nourishment to your bones. NIV

1 Kings 8:37-39
When famine or plague comes to the land, or blight or mildew, locusts or grasshoppers, or when an enemy besieges them in any of their cities, whatever disaster or disease may come, and when a prayer or plea is made by any of your people Israel each one aware of the afflictions of his own heart, and spreading out his hands toward this temple: then hear from heaven, your dwelling place. Forgive and act; deal with each man according to all he does, since you know his heart. NIV

2 Chron. 21:12-15
Jehoram received a letter from Elijah the prophet, which said:
'This is what the LORD, the God of your father David, says: 'You have not walked in the ways of your father Jehoshaphat or of Asa king of Judah. But you have walked in the ways of the kings of Israel, and you have led Judah and the people of Jerusalem to prostitute themselves, just as the house of Ahab did. You have also murdered your own brothers, members of your father's house, men who were better than you. So now the LORD is about to strike your people, your sons, your wives and everything that is yours, with a heavy blow. You yourself will be very ill with a lingering disease of the bowels, until the disease causes your bowels to come out.'"
NIV

Ps 106:13-15
But they soon forgot what he had done and did not wait for his counsel.
In the desert they gave in to their craving; in the wasteland they put God to the test.
So he gave them what they asked for, but sent a wasting disease upon them. NIV

James 5:15-16
And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven. Therefore confess your sins to each other and pray for each other so that you may be healed.
The prayer of a righteous man is powerful and effective. NIV
John 5:14-15
Later Jesus found him at the temple and said to him, “See, you are well again. Stop sinning or something worse may happen to you.” NIV

Cursing/ Being Cursed

Ps 109:18
He wore cursing as his garment; it entered into his body like water, into his bones like oil. NIV

Fear

Ps 31:9-10
Be merciful to me, O LORD, for I am in distress; my eyes grow weak with sorrow, my soul and my body with grief. My life is consumed by anguish and my years by groaning; my strength fails because of my affliction, and my bones grow weak. NIV

Ps 42:10-11
My bones suffer mortal agony as my foes taunt me, saying to me all day long, "Where is your God?" Why are you downcast, O my soul? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

Hab. 3:16
I heard and my heart pounded, my lips quivered at the sound; decay crept into my bones, and my legs trembled. Yet I will wait patiently for the day of calamity to come on the nation invading us. NIV

Note: You may ask “why all these verses about bones?” Well, where does the foundation of our immune system originate? In the bones! This is where the white blood cells (T Cells) which fight disease are formed, in the marrow of the bones. “Dried up”, “weak”, “decayed”, “mortally agonizing” bones represent a compromised immune system which would allow a wide spectrum of general disease and auto immune disease to manifest.

Bitterness

Prov. 17:22
A cheerful heart is good medicine, but a crushed spirit dries up the bones. NIV

Anger

2 Chron. 16:10-12
Asa was angry with the seer because of this; he was so enraged that he put him in prison. At the same time Asa brutally oppressed some of the people. The events of Asa’s reign, from beginning to end, are written in the book of the kings of Judah and Israel. In the thirty-ninth year of his reign Asa was afflicted with a disease in his feet. Though his disease was severe, even in his illness he did not seek help from the LORD, but only from the physicians. NIV
Envy

Prov. 14:30
A heart at peace gives life to the body, but envy rots the bones. NIV

5. Cursings are not without a reason:

Prov. 26:2
Like a fluttering sparrow or a darting swallow,
an undeserved curse does not come to rest. NIV

Prov. 26:2
As the sparrow in her wandering, as the swallow in her flying, So the curse that is causeless alighteth not. ASV

6. Jesus became a curse for us:

Gal 3:13-14
Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: ‘Cursed is everyone who is hung on a tree.’ NIV

7. Physical healing is offered as part of the atonement:

Isa. 53:4-5
Surely he took up our infirmities
and carried our sorrows,
yet we considered him stricken by God,
smitten by him, and afflicted.
But he was pierced for our transgressions,
he was crushed for our iniquities;
the punishment that brought us peace was upon him,
and by His wounds we are healed. NIV

Matt. 8:14-17
When Jesus came into Peter’s house, he saw Peter’s mother-in-law lying in bed with a fever. He touched her hand and the fever left her, and she got up and began to wait on him. When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick. This was to fulfill what was spoken through the prophet Isaiah: ‘He took up our infirmities and carried our diseases.’ NIV

1 Peter 2:24-25
He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed. For you were like sheep going astray, but now you have returned to the Shepherd and Overseer of your souls. NIV

8. Jesus healed everyone who came to Him.

Matt. 4:23
Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom, and healing every disease and sickness among the people.
NIV

Matt. 9:35-36
Jesus went through all the towns and villages, teaching in their synagogues, preaching the good news of the kingdom and healing every disease and sickness.
NIV

Matt. 10:1
He called his twelve disciples to him and gave them authority to drive out evil spirits and to heal every disease and sickness. NIV

9. Repentance can bring healing:

Isa. 6:10
Make the heart of this people calloused; make their ears dull and close their eyes. Otherwise they might see with their eyes, hear with their ears, understand with their hearts, and turn and be healed NIV

James 5:16
Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective. NIV

Heb. 12:11-13
No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it. Therefore, strengthen your feeble arms and weak knees. ‘Make level paths for your feet,’ so that the lame may not be disabled, but rather healed. NIV

John 5:14
Later Jesus found him at the temple and said to him, ‘See, you are well again. Stop sinning or something worse may happen to you.’ NIV

Isa. 59:1,2